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# Collective Trauma and Coping Strategies among Palestinian Refugees

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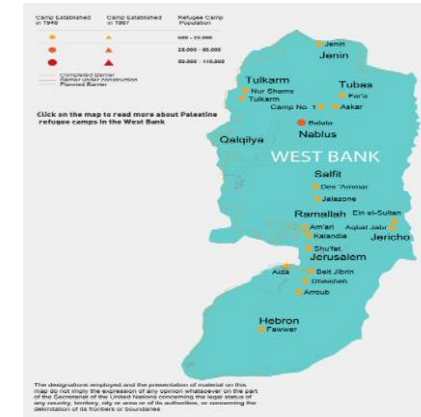


## Introduction and Statement of Problem

- Trauma can be understood as that which results from an external event, either witnessed or experienced that involves actual or threat of death or serious injury to self or others and evokes fear, helplessness, and horror.
- Trauma is an important part of the lived experience of threat and occupation experienced by generations of Palestinians.
- We know very little about:
  - The ways collective and individual trauma shape Palestinians' sense of identity and citizenship
  - Palestinians' coping strategies
  - The effectiveness of different formal and informal forms of support and care

## Methodology

- Interviews and visual methodologies with youth and young children and refugees
- Biographical interviews with witnesses of specific traumas to explore responses to trauma over time
- Interviews with stakeholders involved with voluntary and formal service provision for refugees
- Analysis of support materials and activities for refugees



## Significance

- Test the psychological and social effects of collective trauma on third-generation in Palestinian camps.
- Identify coping strategies refugees use to deal with collective trauma in the Palestinian camps.
- Improve understanding of different forms of interventions
- Explore the connections/dissonances between service provision and everyday coping strategies

