

PERSONAL INFORMATION

sulaiman amad



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Sex Male | Date of birth 16/03/1986 | Nationality Palestinian (Autonomous Palestinian Territories)

JOB APPLIED FOR

College / university teaching professional

WORK EXPERIENCE

21/08/2011–Present

Lecturer at university

An-Najah National University
nablus\ rafidya st, 7 Nablus (Autonomous Palestinian Territories)
<https://www.najah.edu/en/>

- Lecturer at the Faculty of Physical Education.
- Director of Extracurricular Activities.
- Coordinator of practical education

Business or sector Education

Related document(s): working.jpg

13/03/2013–01/06/2014

president

Palestinian Gymnastics Federation, ramallah (Autonomous Palestinian Territories)

Related document(s): gymnastics.pdf

01/03/2005–11/05/2014

football coach

Ebal sport club, NABLUS (Autonomous Palestinian Territories)

Related document(s): working 1.jpg

03/01/2012

Chairman of the competitions Committee

Palestinian football association, nablus (Autonomous Palestinian Territories)

16/02/2013

match commissioner

Palestinian Football Federation, Jerusalem (Autonomous Palestinian Territories)

EDUCATION AND TRAINING

21/08/2004–05/12/2007

Bachelor of Physical Education and sport

EQF level 3

physical education college/ an-najah university, nablus (Autonomous Palestinian Territories)

Related document(s): BA sulaiman 1.pdf, BA sulaiman.pdf

05/01/2008–10/01/2010

Master degree in the physical education science

EQF level 5

an najah national university, nablus (Autonomous Palestinian Territories)

Related document(s): Master sulaiman 2.pdf, Master sulaiman.pdf, first rank sulaiman.pdf

10/03/2009–10/05/2009

physiotherapy course

EQF level 4

tubingen physiotherapy center, irbid (Jordan)

[Related document\(s\): شهادة 6.pdf](#)
PERSONAL SKILLS
Mother tongue(s) Arabic

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	B2	B2	C1

[Related document\(s\): toefl.pdf](#)

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills

- University lecturer, and deal with students and players in sports activities
- I have responsibility in my country for managing sporting events as a volunteer
- Responsible as a volunteer for football clubs
- Monitor football matches

[Related document\(s\): شهادة 1.pdf, شهادة 3.pdf, شهادة 7.pdf, شهادة 9.pdf, شهادة 10.pdf, شهادة 11.pdf](#)
Organisational / managerial skills

1. President of the Palestinian Federation of Gymnastics / the Olympic Committee / Palestine / 2013 - 2014
- 2- Member at the Palestinian Federation of Gymnastics / the Olympic Committee / Palestine / 2014 till now
- 3- Member at the north- section of the Palestinian union of football from 2011 till now.
- 4- Chairman of the competitions contest in the north- section of the Palestinian union.
- 5- Member of the administrative framework in eibal football team/ Palestinian/ nablus from 2009 till now.
- 6- Chairman of the supervising committee of the first Palestinian championship in the keg boxing sport in Palestine.
- 7- Couch of the basket ball team of nablus city.
- 8- Member of the physical education program at al-mjah national university/ nablus.
- 9- Coordinator of the field training at al-najah national university.
- 10- Chairman of the committee this is my college/ al-najah national university.
- 11- Member of the upper committee of the national youth week/ 2012.
- 12- Member of the preparatory committee of the disabled people participating with the general union of the disabled persons.
- 13- Matches special supervisor in the Palestinian union of football.
- 14- Supervisor of the match between Muritania and Indonesia teams in the second Palestinian international championship
- 15- Member of the responsible committee on the second Palestinian international championship from the catastrophe to the state.
- 16- Leader of the coordinating committee of the sports tournaments in Ramadan/ Ebal sport team from 2010 till 2012.
- 17- Member of the coordinating committee of the nablus city municipal stadium and its halls.
- 18- Member of the clamer committee of establishing sport halls in the municipality.
- 19- Supervisor of the football school subjected to eibal sport team.
- 20- Member of the workshop for preparation of trainers for, in cooperation with the Moroccan federation and the Palestinian federation of football.
- 21- Supervisor of national institutions championship
- 22- The best player title of the national institutions championship.
- 23- Supervisor of the workshop of the preparation of football coaches in cooperation with the French federation/ Palestinian cooperation.
- 24- Member of the preparatory committee of the second practical international Palestinian conference "the persuasive quality of the physical education and sports sciences".
- 25- Member of the public relations commission of the second practical international Palestinian

conference " the persuasive quality of the physical education and sports sciences".

26- Participant at the scientific research A43 at the second international practical Palestinian conference " the persuasive quality of the physical education and sports sciences".

27- Supervisor of the physical education college championships.

28- Establisher and coordinator of many workshops for the physical education college's students.

29- Lecturer of the fitness workshops in the athletic training science/ ministry of youth and sport/ west bank/ Palestine

30- Participant at the third scientific conference of " for a future vision of persuasive physical education"/ Jordan/ alyarmouk/ irbid.

31- Participant of the international scientific conference of " for an active community to health and performance's improvement".

32- Fitness coach of the beginners team in Nablus.

33- Coach of the disabled people team in Nablus municipality in the athletics sports.

34- Assistant of the national team's coach for the disabled people in Ramallah.

35- Coach of the disabled people for the athletic sports in alshaekh zayed ben khlyfa center.

36- Football trainer in eibal team for football.

37- Member of the committee of selecting the best player in alawda football team.

38- Trainer of the handball for the two genders in eibal national team.

39- The general supervisor of the summer camps.

40- Trainer of the Palestinian community team.

41- Lecturer at the first aid workshop in the martyr yasir Arafat encampment.

42- General supervisor of the national sport championship.

43- The principle of the second summer camp at eibal team.

44- Player at the municipality football team/ Nablus.

45- Al-najah national university football player and athletics sports.

46- Examiner of many graduation projects at the physical education faculty.

47- Inspector at the students council elections for voting and sorting.

48- The Palestinian community's representative in alyarmouk university/ Jordan from 2007- 2008.

49- The Palestinian football team's player in Asia clearance matches for the world cup of youth.

50- Player of the Palestinian schools of football.

51- Publisher of essays in sports medicine and nutrition at ma'an news agency.

52- Participant in many of the football workshops.

53- Supervision of many national Palestinian championships.

54- The coordinator of the performed activities of the corporate committee with Palestinians prisoners in their food strikes.

Job-related skills

Vocational workshops:

- 1- The excellence at education workshop.
- 2- Preparation for swimming coaches for the disabled people workshop, the Paralympics commission
- 3- Preparation of volleyball coaches for the disabled people, the Paralympics commission in cooperation
- 4- participant at the preparation for athletics sports in the disabled people in cooperation with the ministry of sports and youth.
- 5- Workshop at the physiotherapy and massage.
- 6- Workshop at the summer camps administration/ U.N/ nablus.
- 8- Workshop at the sports training.
- 9- Advanced computer training/ societal youth training center/ nablus.
- 10- Workshop at the institution administration, self building, time management, communication skills and youth leadership.
- 11- Workshop of first aid at the medical relief center/ nablus.
- 12- Workshop of the immortal martyr yasir arfat for students organizations preparation.

Publications:

I have published research

1- The Level of Sports Culture and Its Relationship to Athletic Identity among Physical

Education Students at An-Najah National University.

2- The Effectiveness of Decision-Making among Volleyball Coaches in the Premier League in Palestine as Perceived by the Players.

3- The level of health awareness among Palestinian university students.

4- The Level of Football Coaches' Awareness in First Aid Principles in West- Bank- Palestine.

5- Job competencies among academic staff of physical education in Palestinian universities.

6- The impact of lead up games to improve The status of accuracy among children in limited age (9-12).

7- The Effect of Emotional Biorhythm Upon the Physical biorhythm For Volleyball Player's.

8- The Effect of Competition Period Upon Physical and Skills Abilities of Football Players In The West Bank

Related document(s): شهادة4.pdf, شهادة5.pdf, شهادة8.pdf

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Proficient user	Proficient user

Digital skills - Self-assessment grid

ANNEXES

- working.jpg
- gymnastics.pdf
- working 1.jpg
- BA sulaiman 1.pdf
- BA sulaiman.pdf
- Master sulaiman 2.pdf
- Master sulaiman.pdf
- first rank sulaiman.pdf
- شهادة6.pdf
- toefl.pdf
- شهادة1.pdf
- شهادة3.pdf
- شهادة7.pdf
- شهادة9.pdf
- شهادة10.pdf
- شهادة11.pdf
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