



Qais Bassam Mustafa Yaseen

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EDUCATION

<p>University: «RUSSIAN STATE UNIVERSITY OF PHYSICAL EDUCATION, SPORT, YOUTH AND TOURISM (SCOLIPE) ».</p> <p>Country: Russian, Moscow.</p> <p>Ph.D., degree «Theory and methods of physical education, sports training, improving and adaptive physical education», and «Biomechanics».</p> <p>Thesis title: «Individualization of the process of improving the throwing techniques of handball players of high qualification ».</p>	2013-2017
<p>University: «AL YARMUOK UNIVERSITY».</p> <p>Country: Jordan, Irbid.</p> <p>Master degree, Sports science / Movement science</p> <p>Thesis title: «Kinematics of The over Head Throw in Team Handball».</p>	2008-2010
<p>University: «AN-NAJAH NATINAL UNIVERSITY».</p> <p>Country: Palestine, Nablus.</p> <p>Bachelor's degree, Physical Education</p>	2004-2008
<p>MINISTRY OF EDUCATION & HIGHER EDUCATION</p> <p>Country: Palestine, Nablus.</p> <p>CERTIFICATE OF GENERAL SECONDARY EDUCATION EXAMINATION Scientific Stream</p>	2004

CERTIFICATIONS

Strategic Planning - institutional building (Canadian International Development Agency - Oxfam)	Jan 2006 - Jun 2006
Fitness coach I have scientific expertise in the development of appropriate training programs for all ages	Jan 2004 - Jul 2008
Physiotherapist (Tubingen Phistherapy Center)	Mar 2009 - May 2009
ICDL (Najah National University) 50 hour-training course	2009
Session of the Arbitration in volleyball (Jordan Federation of Volleyball)	2009
English Course (Project Hope)	2009
TOEFL.ITB (AMIDEAST West Bank) Total score:480	2011
The Russian language (Pre-university preparation)	Oct 2012- Jul 2013
Course trainer in handball	30 Aug, 2015
“Sport And Life Skills: Learn To Play – Play To Learn” Sport For Development: Sport And Life Skills Training, Age Appropriate Training, Coach As A Role Model, Major Sport Games (Touch Rugby And Ultimate Frisbee).	27 th -29 th January 2018
Qualitative research in educational sciences, from preparation to publication	1-3 /Dec /2018

LANGUAGES

Language	Read	Written	Spoken
Arabic Language	Excellent	Excellent	Excellent
English Language	Very Good	Very Good	Very Good
Russian language	Excellent	Excellent	Excellent

SKILLS

Proficient in all areas of Microsoft Office, including Access, Excel, Word and PowerPoint (Expert)

Technical Writing and Research (Expert)

Excellent communication skills. The Ability to write reports, research and thesis.

Biomechanical analysis system of human body

- APAS System Analyst (Expert)
 - Видеоанализ Статокин 3D
 - Star Trace Tracker 2D (Expert)
 - Kenova System Analyst (Expert)
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Work under pressure

WORK HISTORY

Instructor in PALESTINE TECHNICAL UNIVERSITY – KADOORIE	2010 - 2011
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Palestine, Tulkarm

Instructor in ARAB AMERICAN UNIVERSITY OF JENIN	2017- 2018
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Instructor in AN-NAJAH NATIONAL UNIVERSITY	2018 - Now
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Experience

Trainer in football and fitness	2004 - 2008
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Nablus, Asira all-shamalia

Athletic Trainer	2017- Now
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(Nablus, Asira all-shamalia)

Handball player	2004-2017
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RESEARCH PUBLISHED IN SCIENTIFIC JOURNALS

	Researches	Journal	Year	Authors
1.	Evaluation Of The Effectiveness Of Technique Of Performance Of The Handball Jump Throw On The Basis Of Analysis Of The Correlation Between Cinematic Characteristics	Scientific theory journal «University P.F Lesgafta»	2016 № 3 (133)	Q. B. Yaseen I. V. Petracheva Y. N. Kotov
2.	Formation Of Requirements To The Biomechanical Characteristics Of Technique Implementation Of Handball Throws In Supporting Position.	Teoriya i praktika fizicheskoy kultury, Moscow (Scopus, EBSCO, РИИЦ)	2016 № 3	Q. B. Yaseen I. V. Petracheva Y. N. Kotov
3.	Biomechanical Basic Techniques For Performance Of Handball Throwing With Different Ways	Scientific theory journal «University P.F Lesgafta»	2016 № 1 (131)	Q. B. Yaseen I. V. Petracheva Y. N. Kotov
4.	Effect Of Special Rehabilitation/ Therapeutic Programs To Correct Shoulder Girdle Deformations In Senior Schoolgirls	Teoriya i praktika fizicheskoy kultury, Moscow (Scopus, EBSCO, РИИЦ)	2019 № 2	Q. N. Nayrat Q. B. Yaseen I. C. abdel haq J. A. Nazer
5.	The Motives That Direct Female Students Toward Weight Lifting Course In Physical Education Department At Al-Najah National University	SCIENCE, MOVEMENT AND HEALTH	Vo.19 2019	Rafat Sabbah Eltibi laith ismail Qais B. Yaseen
6.	The Efficiency of Taekwondo Training Program By Using Free Weights on Some Physical Abilities	“GYMNASIUM”- Scientific Journal of Education, Sports, and Health20	Vol. 20 2020	Rafat S.Eltibi bashar saleh Qais B. Yaseen
7.	Comparison Of Physical And Physiological Indicators In Handball Players Of Various Training Groups	Theory and practice of physical education, Moscow (Scopus, EBSCO, РИИЦ)	2020 № 2	Qais B. Yaseen bashar saleh rafat eltibi Qais nairat I. V. Petracheva

RESEARCH PUBLISHED IN Conferences

	Researches	Conferences	Year	Notes
1.	The basic kinematic characteristics of technique implementation of throws by handballers	IX International Scientific-practical conference «physical education and sport of students in modern conditions: problems and prospects», Tula	Dec, 2014	Q. B. Yaseen
2.	Correlation of kinematic characteristics of throwing techniques in the supporting position of handballers.	IX International Scientific-practical conference (Sports games in physical education, recreation and sport), Smolensk.	2015	Q. B. Yaseen
3.	Kinematic characteristics of technique implementation of throws in the jump by handballers of different line at the stage of sport perfection. (Кинематические характеристики техники выполнения бросков в прыжке гандболистов разного амплуа на этапе спортивного совершенствования)	Materials III all scientific and practical conference with international participation Biomechanics of motor actions and biomechanical control in sport", Moscow - Malakhovka	19-20 Nov, 2015	Q. B. Yaseen I. V. Petracheva Y. N. Kotov
4.	Features differences between two types of jump shot techniques in handball.	IX International Scientific and Practical Conference of Students and Young Scientists «Modern University Sport Science»	May 14-15, 2015	Q. B. Yaseen
5.	Comparison the indexes of technique implementation of throw in the jump by handballers of 16-17 years old.	Materials final scientific and practical conference faculty RGUFKSMiT (Innovation and patents GTSOLIFK), Moscow	21-23 Oct, 2015	Q. B. Yaseen I. V. Petracheva Y. N. Kotov
6.	Biomechanism of motion stroke links at implementation of handball throws in a jump. (биомеханизм движения маховых звеньев при выполнении гандбольных бросков в прыжке)	IV scientific-practical conference " Biomechanics of motor actions and biomechanical control in sport", Moscow - Malakhovka	Nov, 2016	I. V. Petracheva Y. N. Kotov Q. B. Yaseen

7.	<p>FEATURES TECHNICAL TRAINING FOR HANDBALL PLAYERS 6-7 YEARS AT SPORTS AND HEALTH PHASE (особенности технической подготовки гандболистов 6-7 лет на спортивно-оздоровительном этапе)</p>	<p>World Recreation Educational Association Материалы Всероссийской конференции с международным участием 6-7 апреля, г. Москва</p>	<p>06-07 /04/ 2017</p>	<p>Q. B. Yaseen Y. N. Kotov</p>
8.	<p>The use of control charts to assess throwing techniques of highly skilled handball players. (ПРИМЕНЕНИЕ КОНТРОЛЬНЫХ КАРТ ДЛЯ ОЦЕНКИ ТЕХНИКИ БРОСКОВ ВЫСОКОКВАЛИФИЦИРОВАННЫХ ГАНДБОЛИСТОВ)</p>	<p>All-Russian Scientific and Practical Conference with international participation ACTUAL PROBLEMS OF TRAINING ATHLETES OF HIGH QUALIFICATION IN TEAM-GAME TYPES OF SPORT</p>	<p>Nov, 29-30, 2017</p>	<p>Y. N. Kotov Q. B. Yaseen</p>
9.	<p>Individualization of improving the throwing techniques with cross-over step of handball players of high qualification</p>	<p>The International Scientific-Practical Conference « Sport- A Way To Peace Between Nations»</p>	<p>Oct, 16-19, 2018</p>	<p>Q. B. Yaseen I. V. Petracheva</p>