

Zaher Ahmad Nazzal



Nationality: Palestinian

Sex: Male

Marital status: Married

DOB: 01 -09 -1972

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Education & Qualifications:

- **2009:** Arab Board in Community Medicine –Joint Program of Arab Board in Community Medicine- Hamad Medical Corporation (HMC), Doha, Qatar
- **2006:** First Part of Arab Board in Community Medicine –Joint Program of Arab Board in Community Medicine- Hamad Medical Corporation, Doha, Qatar
- **1999:** MD- Istanbul University- Cerrahpasha Medical Faculty- Turkey

Work duties and experience:

- **Sept 2011- until now:**
 - Associate Professor in Community Medicine/ Department of Family and Community Medicine, Faculty of Medicine and Health Sciences/An-Najah National University (ANNU)
- **Jan 2010- Dec 2010:**
 - Community Medicine Specialist at Communicable Diseases Prevention and Control (CDC) Dept. Supreme Council of Health, Qatar.
 - Part-time trainer at Community and Family Medicine Training Program at Hamad Medical Corporation, Qatar.
- **2005- 2009:** Resident in Community Medicine (Joint Program of Arab Board in Family &Community Medicine, Hamad Medical Corporation, Doha, Qatar).
- **2001-2005:** General Practitioner (GP), Primary Health Care center/MoH, Palestine

Appointments:

- Head of the Research Unit/Faculty of Medicine and health sciences. Aug 2020- Oct 2021
- Head of Family and Community Medicine Department, Faculty of Medicine and Health Sciences/ANNU. Aug 2019- Aug 2020

- Coordinator of clinical Scientific Research at the Faculty of Medicine and health sciences/ANNU Jun 2017- 2019
- Head of An-Najah Child Institute 2014- Jun 2017
- Head of An-Najah Child Institute project 2011- 2014
- Coordinator of Scientific Research, Faculty of Medicine and health sciences/ANNU 2012- 2014
- Head of Community Medicine and Public health unit- Faculty of Medicine and health sciences/ANNU 2011- 2013

Consultancies:

- Coordinator of International Accreditation of the Faculty of Medicine Project. May 2019- until now
- Supporting Specialized Services Provided to Children with Development Disorders Project, at An-Najah National University, 2015-2017: Project Manager
- Establishing An-Najah Child Institute for Child Developmental Disorders Project, at An-Najah National University, 2011-2014: Project Manager
- HERA Project (Healthcare Responding to Violence and Abuse): Leading the training part of the project, 2018- March 2019
- Impact Evaluation of Center of Excellence in Learning and Teaching (CELT) Project at An-Najah National University, 2014-2015: Team Leader
- Designing the "*Medical Certification of Cause of Death Trainers' Guide*" and conducting TOT workshops to improve the Quality of Death Certification in Palestine with the Palestinian National Public Health Institute (PNPHI) and WHO, 2013-2015
- Integrated Management of Non-Communicable Diseases project/ Palestinian MoH: Project manager and Participated in designing the *Curriculum*, conducting TOT workshops to train Primary health care physicians on the integrated management of Non-Communicable diseases. Additionally, supervising an MPH student in evaluating the project. 2011-2015.
- Field health coordinator in flood-affected areas in SWAT valley, Pakistan/ Medical Relief Mission with Qatar Red Crescent (QRC), Sept-Oct 2010.

Committee Memberships

- Member of the Committee of the Master Program in Clinical Research/An-Najah National University (Nov 2019 – until now)
- Member of the Committee of the High Specialization in Family Medicine Program at An-Najah National University (Dec 2019 – until now)
- Member of the Arab Board of Community Medicine/Exams Committee, The Arab Board of Medical Specializations (Jan 2019 – until now)
- Member of the Palestinian Board of Family Medicine, The Palestinian Medical Council (Jan 2014 – until now)
- Member of the Palestinian Board Committee of Community Medicine, The Palestinian Medical Council

Publications:

1. The practice of COVID-19 preventive measures in Palestine on the limits of vaccine provision a population-based study. *J Infect Dev Ctries* 2021; (In Press)
2. Mammography uptake and Barriers among Palestinian women attending primary health care in North Palestine. *European Journal of General Practice*, 2021, VOL. 27, NO. 1, 264-270. <https://doi.org/10.1080/13814788.2021.1985996>
3. Prevalence of SARS-CoV-2 antibodies in the Palestinian population: a primary health center-based cross-sectional study. *PLoS ONE* 16(10): 2021. <https://doi.org/10.1371/journal.pone.0258255>
4. Eating Disorders and the Use of Cognitive Enhancers and Psychostimulants Among University Students: A Cross-Sectional Study. *Neuropsychiatr Dis Treat.* 2021;17:1633-45. <https://doi.org/10.2147/NDT.S308598>
5. Metabolic Syndrome Associated with Tobacco and Caffeine Products Use Among Refugee Adolescents Risk of Dyslipidemia. *Diabetes Metab Syndr Obes.* 2021;14:4121-33. <https://doi.org/10.2147/DMSO.S329675>
6. Hospital outcomes of hospitalized severe COVID-19 patients managed with supportive care and steroids. *J Infect Dev Ctries* 2021; 15(8):1094-1103. <https://doi.org/10.3855/jidc.14709>
7. Mid-term cumulative patency of fistula and PTFE grafts among hemodialysis patients: a retrospective, single-center study from Palestine. *The Journal of Vascular Access*, 2021 <https://doi.org/10.1177/11297298211040988>
8. Swept-Source Optical Coherence Tomography changes and visual acuity among Palestinian Retinitis Pigmentosa patients: a cross-sectional study. *BMC Ophthalmology* **21**, 289 (2021). <https://doi.org/10.1186/s12886-021-02047-6>
9. Psychological Morbidity among Primary Health Care Attendees in Palestine: a study in a stressful environment. *Current Psychology*, (2021). <https://doi.org/10.1007/s12144-021-02107-6>
10. Somatic symptom disorders and utilization of health services among Palestinian primary health care attendees. *BMC Health Serv Res* **21**, 615 (2021). <https://doi.org/10.1186/s12913-021-06671-2>
11. Body Perceptions and Weight Control Practices among Palestinian University Female Students A Cross-Sectional Study. *J Public Health (Berl.)* (2021). <https://doi.org/10.1007/s10389-021-01602-1>
12. Eating Disorders and the Use of Cognitive Enhancers and Psychostimulants among University Students- A Cross-sectional Study. . *Neuropsychiatr Dis Treat.* 2021 May 25;17:1633-1645. <https://doi.org/10.2147/NDT.S308598>
13. COVID-19 vaccine hesitancy among health care workers in Palestine: A call for action. *Prev Med.* 2021 Aug;149:106618. <https://doi.org/10.1016/j.ypmed.2021.106618>
14. The effect of a digital targeted client communication intervention on pregnant women's worries and satisfaction with antenatal care in Palestine – a cluster Randomized controlled trail. *PLoS One.* 2021 Apr 23;16(4):e0249713. <https://doi.org/10.1371/journal.pone.0249713>
15. Factors affecting Nurses' intention to accept the COVID-9 vaccine a cross-sectional study. *Public Health Nurs.*2021; 00;1-8. <https://doi.org/10.1111/phn.12907>

16. Effect of hemodialysis on intraocular pressure in Palestine a single-center study. *Palest Med Pharm J.* 20227 (1) <https://journals.najah.edu/in-press/article/1949/>
17. Prevalence of Vitamin D Deficiency among Hemodialysis Patients in Palestine A Cross-Sectional Study. *International Journal of Nephrology.* March 2021: 2021. <https://doi.org/10.1155/2021/6684276>
18. Determinants of Smoking Cessation Counseling Favorable Practice for Primary Care Physicians: A Cross-Sectional Study from Palestine. *J Family Med Prim Care* 2021;10:1275-81. doi: [10.4103/jfmprc.jfmprc_1456_20](https://doi.org/10.4103/jfmprc.jfmprc_1456_20)
19. eRegCom—Quality Improvement Dashboard for healthcare providers and Targeted Client Communication to pregnant women using data from an electronic health registry to improve attendance and quality of antenatal care study protocol for a multi-arm cluster randomized trial. *Trials* 22:47(2021). <https://doi.org/10.1186/s13063-020-04980-1>
20. Mixed Method Study to Explore Ethical Dilemmas and Health Care Workers' Willingness to Work Amidst COVID 19 Pandemic in Palestinian. *Frontiers in Medicine.* Jan 5th 2021, <https://doi.org/10.3389/fmed.2020.576820>
21. Smoking cessation counseling: Attitude in the background of poor practice compliance among Palestinian primary health care physicians: a cross-sectional study. *International Journal of Healthcare;* 2020; 7(2021): 37-43 <https://doi.org/10.5430/ijh.v7n1p37>
22. Prevalence and Risk Factors of Chronic Kidney Disease among Palestinian Type 2 Diabetic Patients: a Cross-Sectional Study. *BMC Nephrology;* 2020. 21:484. <https://doi.org/10.1186/s12882-020-02138-4>
23. Bone Mineral Density in Palestinian patients with end-stage renal disease and the related clinical and biochemical factors: Cross-sectional study. *PloS one;* 2020, 15(11). <https://doi.org/10.1371/journal.pone.0241201>
24. Palestinian Health Care Workers' Stress and Stressors During COVID-19 Pandemic: A Cross-Sectional Study. *J Prim Care Community Health [Internet].* 2020 Aug 27;11:p1-7. <https://doi.org/10.1177/2150132720955026>
25. Epidemiology of Sepsis Syndrome among Intensive Care Unit Patients at a Tertiary University Hospital in Palestine: 2019. *Indian J Crit Care Med* 2020; 24 (7):551-556.
26. Diabetic retinopathy screening barriers among Palestinian primary health care patients: A qualitative study. *Journal of Diabetes & Metabolic Disorders,* 2020. <https://doi.org/10.1007/s40200-020-00575-4>
27. The effects of waterpipe tobacco smoking on the spirometric profile of university students in Palestine: a cross-sectional study. *Canadian Respiratory Journal.* June 2020. <https://doi.org/10.1155/2020/5949834>
28. Prevalence of Hypothyroidism among Dialysis Patients in Palestine: A Cross-Sectional Study. *International Journal of Nephrology.* May 2020: 2020. <https://doi.org/10.1155/2020/2683123>
29. Virtually alone: Excessive Facebook Use and Mental Health Risk in Palestine, a Cross Sectional Study. *Palest Med Pharm J.* 2021; 6(1): 53-62
30. Physical Health Effects of Excessive Facebook Use in A Palestinian Student Population. *Palest Med Pharm J.* 2021; 6(1): 31-40
31. Prevalence of waterpipe smoking and associated factors among university students in Palestine: a cross sectional study. *Palest Med Pharm J.* Dec 2020;5(2):107–116.

32. Social Norms and Perception of Waterpipe Smoking among Palestinian University Students. *Palest Med Pharm J.* June 2020;5(1): 25-34
33. The Prevalence and Risk Factors of Urinary Incontinence among Palestinian Type 2 Diabetes Women: a Cross Sectional Study. *The Arab Journal of Urology.* 2019
34. A study of the anatomic variations of the pancreatobiliary system in Palestine: a national study. *Int Surg J.* 2019 Apr;6(4):1020-1028
35. Physicians' knowledge and practice on death certification in the North West Bank, Palestine: across sectional study. *BMC BMC Health Services Research.* 2018 Jan 8;18(8)
36. Quality of death notification forms in North West Bank/Palestine: a descriptive study. *BMC Res Notes.* 2017 Apr 11;10(1):154.
37. Growth modulation and remodeling by means of posterior tethering technique for correction of early-onset scoliosis with thoracolumbar kyphosis. *European Spine Journal;* 2016
38. Mammography Screening Uptake among Female Health Care Workers in Primary Health Care Centers in Palestine. *Asian Pac J Cancer Prev*2016, **17 (5)**, 2549-2554
39. Moderate to Severe Premenstrual Syndrome and Contributing Factors among University Students in Palestine. *Jacobs Journal of Community Medicine. JJ Commun Med.* 2015, 1(2): 016.
40. Influenza Vaccine Uptake among Palestinian Hospitals' Health Care Workers Barriers and Motivators. *Jacobs Journal of Community Medicine. JJ Commun Med.* 2015, 1(2): 013.
41. Depression and Associated Factors among Type Two Diabetes Mellitus Patients in Palestine. *Jacobs Journal of Community Medicine. JJ Commun Med.* 2015, 1(2): 012.
42. Risk factors of hepatitis B transmission in northern Palestine: a case – control study. *BMC Research Notes.* 2014; 7(190)
43. Prevalence of patients with end-stage renal disease on dialysis in the West Bank, Palestine. *Saudi J Kidney Dis Transpl.* 2013 July-August;24(4):832-837.
44. Salmonella Food Poisoning Associated with Macaroni Salad in a Labourers Camp- State of Qatar, 2010. *J Community Med Health Educ* 2012; 2(4)
45. Pandemic Influenza A/H1N1 Vaccination Uptake among Health Care Workers in Qatar: Motivators and Barriers. *Qatar 2010. Vaccine* 2011; 29 (2011) 2206–2211
46. Measles surveillance in Qatar, 2008: Physicians' knowledge and practices and support received. *EMHJ* 2011; 17(11) 818-24.
47. Measles surveillance in Qatar, 2008: Quality of surveillance data and timeliness of notification. *EMHJ* 2011; 17(11) 813-7.
48. Epidemiology of measles outbreaks in Qatar in 2007. *EMHJ* 2011; 17(3) 186-90

Academic Supervision (MPH) By Dr. Nazza

- Reham khrawish (2020): Efficiency of health information management using an eRegistry for maternal and child health: Time motion study in a cluster randomized control trial, Palestine/ An-Najah National University
- Azeza Obied (Aug 2020): Evaluation of Eye Health Care Services in the West Bank and East Jerusalem: A cross-sectional study// An-Najah National University

- Ala'a Almasri (2016): Evaluation of Governmental School Nutrition Policy in Nablus Governorate -West Bank-2015 / An-Najah National University
- Watan Nazzal (Dec 2015): Body Perceptions and Weight Control Behaviors among An-Najah National University female Students, 2015/ An-Najah National University.
- Tamara Awwad (Dec 2015): Assessment of Data Quality for Maternal and Child Health Department at Primary Health Care Directorate-Tulkarm/ An-Najah National University.
- Rana Abu Samra (March 2015): Evaluation of the Health Education Program for Diabetic Patients at UNRWA Clinics in the Northern West Bank/ An-Najah National University.
- May Abu Alhalawa (Feb 2015):Water-Pipe Smoking and Associated Factors among An-Najah National University Students/ An-Najah National University
- Sanabel Afaneh (2014): Evaluation of Primary Health Care Physicians' and Nurses' performance for WHO PEN protocol for cardiovascular diseases applied in Salfit district, Palestine/ An-Najah National University.
- Rana Sarawan (2013): Medication errors: Nurse's Perceptions of main types and leading factors, and reporting attitudes in North West Bank Governmental Hospitals.
- Inaam Sobuh (2013): Risk factors of Hepatitis B Transmission in North West Bank: Case-Control study/ An-Najah National University

Skills

- Working with all types of Microsoft office program
- Working with the Statistical Package of Social Science (SPSS) for data entry and analysis.
- Working with Reference Manager programs (Mendeley, Endnote, ...etc.)

Languages

- Arabic: mother language
- English: excellent
- Turkish: very good