

## Personal Information

Shefa' Bassam Mustafa Ballout

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## Education

- Board Certified General Psychiatry. 2021, General Medical Council, Palestine.
- Doctor of Medicine. 2016, An- Najah National University, Nablus- Palestine.
- B.A. Biomedical sciences. 2013, An- Najah National University, Nablus- Palestine.
- Tawjihi (Secondary School): Scientific Stream. 2008, Al-Fara' Sec. Girls, Tubas-Palestine. GPA: 98.8/100.

## Work Experience

- (June 2022-present): Private psychiatric clinic
- (January 2022-present): Lecturer at An-Najah National University
- (November 2017-November 2021): Psychiatric resident at Bethlehem Psychiatry Hospital.
- (June 2016-May 2017) Internship in the Ministry of Health facilities.

## Training and Supervision

- December 2024: Child and Adolescent Psychiatry and Psychotherapy Upscaling Think Tank.
- October 2022: The Decider Life Skills- Winning strategies for mental health, online training course.
- September 2021: Suicide Prevention Summit, an online conference hosted by the Mental Health Academy and the British Psychological Society.
- July 2020-July 2021: Child and Adolescent Psychiatry supervision.
- July 2020-Present: twice monthly supervision with Royal College of Psychiatrists, and George Town University; facilitated by MAP/UK.
- March and November 2019: workshops on building resilience, mobilizing hope by strengthening emotion regulation, developmental psychology and child and adolescent psychiatry, delivered by George Town University at Bethlehem Psychiatry Hospital.
- November 2018-March 2022: "Introduction to Child and Adolescent Psychotherapy" training, by University of Hamburg.
- October 2018: building rapport and treating resistant psychiatric disorders training, delivered by George Town University at Bethlehem Psychiatry Hospital.
- 2017: Workshop about mental health in Palestine led by psychiatrists in the World Health Organization.
- Practical Professional Skills Training; presentation skills, time management, communication skills, and leadership skills at AMIDEAST, Palestine.

## Language and IT skills

Mother tongue(s) Arabic

Other language(s)	UNDERSTANDING		SPEAKING	WRITING
	Listening	Reading		
English	Easily	Easily	Fluently	Easily

IT skills Fully proficient in MS Office (Word, Excel, Outlook, PowerPoint and Teams).

